

TRAININGSPLAN VORBEREITUNG September, Oktober, November 2016

	U8	U10	U12/14	Junioren
Mo 12.9.	15.45-17h OFF ICE Training Happyland	15.45-17h OFF ICE Training Happyland		
Sa, So 17./18. 9.		ELAP U10 St. Pölsen für Angemeldete	ELAP U12 St. Pölsen für Angemeldete	
Mo, 19.9.	KEIN OFF- ICE Training wegen Auslosungssitzung des NÖ Eishockeyverbandes			
Mo, 26.9.	15.45-17h OFF ICE Training Happyland	15.45-17h OFF ICE Training Happyland		
So, 2.10.	9.30-11.30h Eistraining St. Pölsen	9.30-11.30h Eistraining St. Pölsen	9.30-11.30h Eistraining St. Pölsen	9.30-11.30h Eistraining St. Pölsen
Mo, 3.10.	15.45-17h OFF ICE Training Happyland	15.45-17h OFF ICE Training Happyland		
So, 9.10.			11.30-13.30h Eistraining St. Pölsen	11.30-13.30h Eistraining St. Pölsen
Mo, 10.10.	15.45-17h OFF ICE Training Happyland	15.45-17h OFF ICE Training Happyland		
Sa, So, 15./16.10.		ELAP U10 St. Pölsen für Angemeldete	ELAP U12 St. Pölsen für Angemeldete	
Mo, 17.10.	15.45-17h OFF ICE Training Happyland	15.45-17h OFF ICE Training Happyland		
Sa, 22.10.	8.40-10.30h Eistraining ASH	8.40-10.30h Eistraining ASH	8.40-10.30h Eistraining ASH	8.40-10.30h Eistraining ASH
Mo, 24.10.	15.45-17h OFF ICE Training Happyland	15.45-17h OFF ICE Training Happyland		
Sa, 12.11.	11.00-13.00h Eistraining St. Pölsen	11.00-13.00h Eistraining St. Pölsen	11.00-13.00h Eistraining St. Pölsen	11.00-13.00h Eistraining St. Pölsen
Mo, 14.11.	18-19h Eistraining Tulln	18-19h Eistraining Tulln	19-20h Eistraining Tulln	19-20h Eistraining Tulln
Mo, 21.11.	18-19h Eistraining Tulln	18-19h Eistraining Tulln	19-20h Eistraining Tulln	19-20h Eistraining Tulln
Mo, 28.11.	18-19h Eistraining Tulln	18-19h Eistraining Tulln	19-20h Eistraining Tulln	19-20h Eistraining Tulln

OFF-ICE Training: Treffpunkt Eislaufplatz Happyland mit Stock, Handschuhen, Sportgewand, Laufschuhe und Trinkflasche

Eistraining: Treffpunkt 30min vor Trainingsbeginn

ASH: Albert-Schultz Halle, Eissportzentrum Kagran, Attemsgasse 1, 1220 Wien

Eissportzentrum St. Pölsen: Dr. Adolf Schärfstr. 25, A-3100 St. Pölsen

